





Pharmacogenetics

Presentation by:

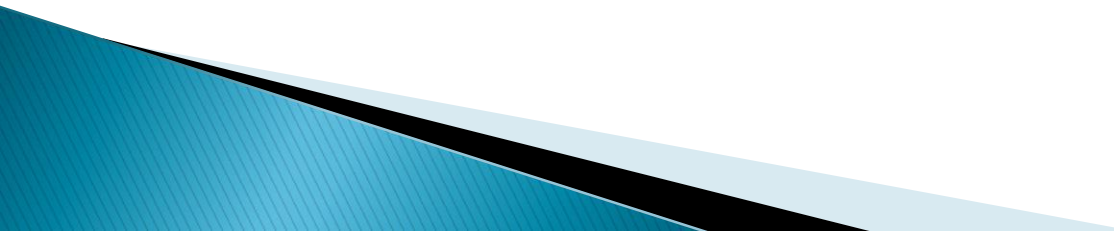
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Clinical pharmacologist

2022 JUNE



Topics

- ▶ **Introduction**
 - ▶ **Pharmacogenetics Variation Mechanisms**
 - ▶ **Pharmacogenetics & Pharmacotherapy**
 - ▶ **Pharmacogenetics & ADR**
 - ▶ **Personalized Medicine**
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Introduction

▶ **History:**

- ▶ **Pythagoras experience (510 BCI)**
- ▶ **Paralysis by Succinylcholine (1950)**
- ▶ **Primaquine Sensitivity (1950)**
- ▶ **Pharmacogenetics term (1959)**
- ▶ **Neuropathy caused by Isoniazide**

History

Father of Pharmacogenetics Dies

Arno Motulsky, a former refugee from Nazi Germany and a pioneering medical geneticist at the University of Washington, has died at age 94.

By Catherine Offord | January 31, 2018



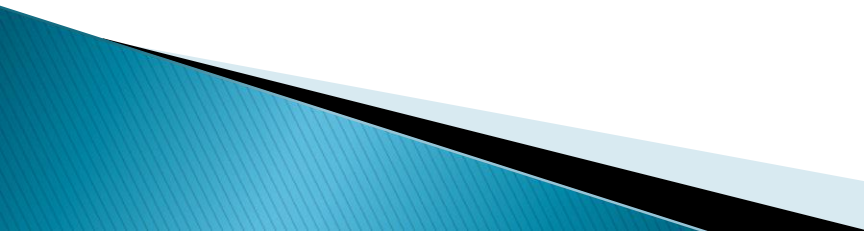
History

The term 'Pharmacogenetics' definition.

Freidrich Vogel, Germany – 1959



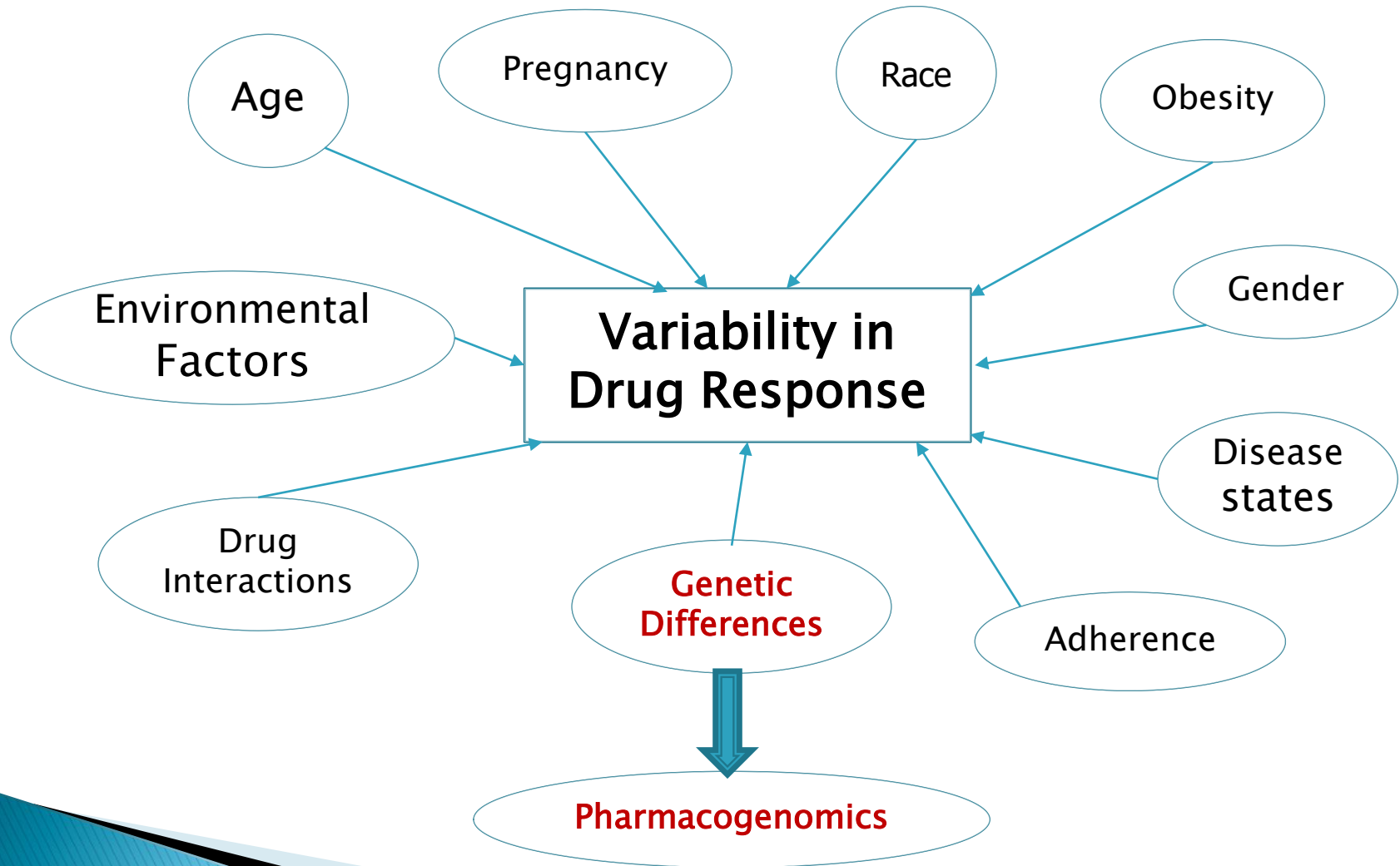
History

- ▶ **1970's-1990s:** many drug-gene interactions have been studied and investigated
 - ▶ **The development of pharmacogenetics over the years**
 - ▶ **'Pharmacogenomics'** & the emergence of the **Human Genome Project**
- 


History

- ▶ **2005** → First FDA approval of a pharmacogenetic test
- ▶ **2006** → First direct-to-consumer whole-genome test
- ▶ **2007** → the FDA started to recognize the importance of pharmacogenomics, issued black box warnings, incorporated genotype-guided dosing algorithms, and included pharmacogenomic information in drug labeling

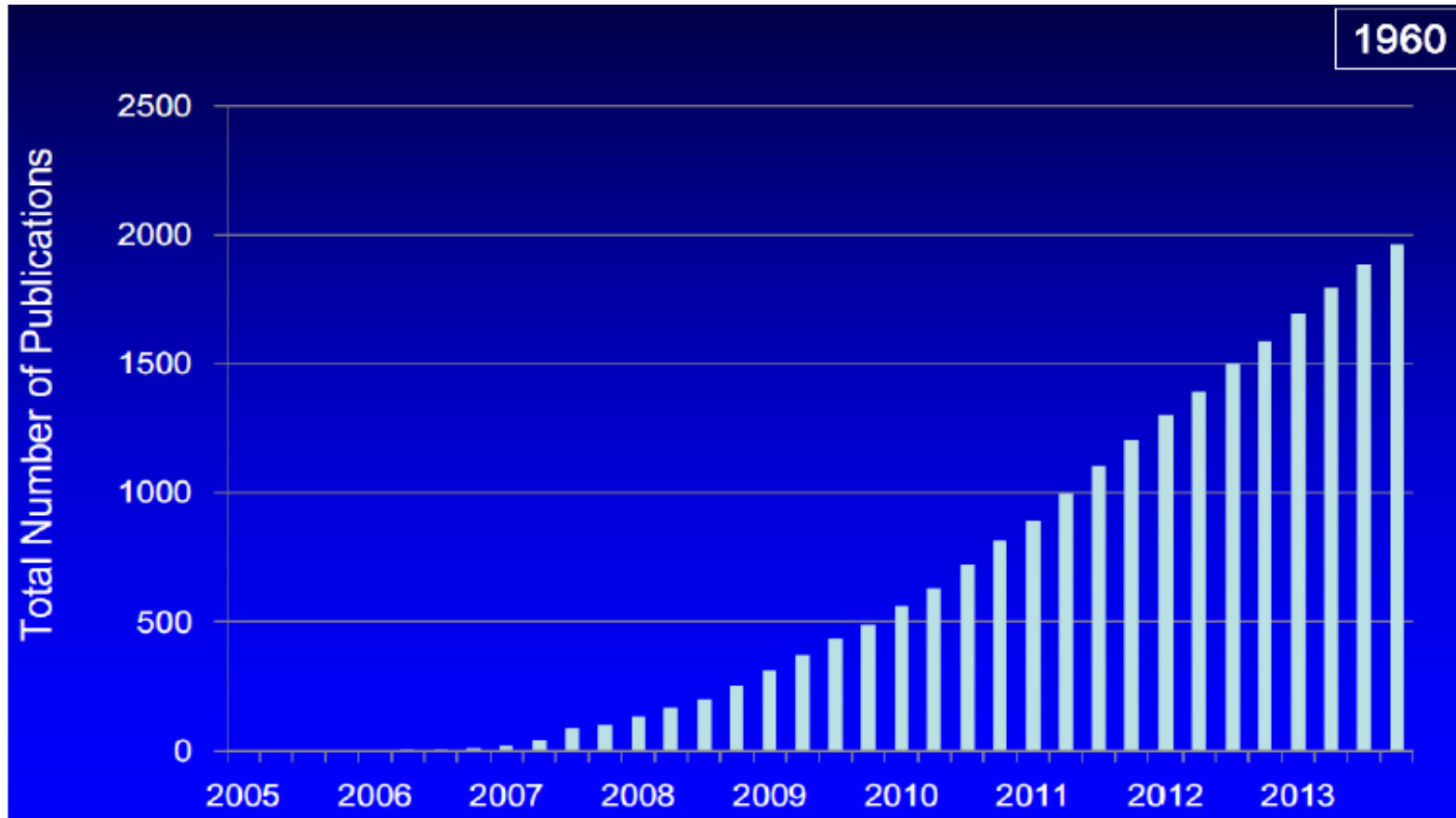
Sources of Variation in Response



Human Genome Project (1990-2003)

- ▶ **The world's largest collaborative biological project, costed about \$3-billion**
 - ▶ **20 universities and research centers around the world**
 - ▶ **Goals→ determining the sequence of the human DNA and identifying all of the genes (structure, function)**
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Published Genome-Wide Association Reports, 2005-2013



History

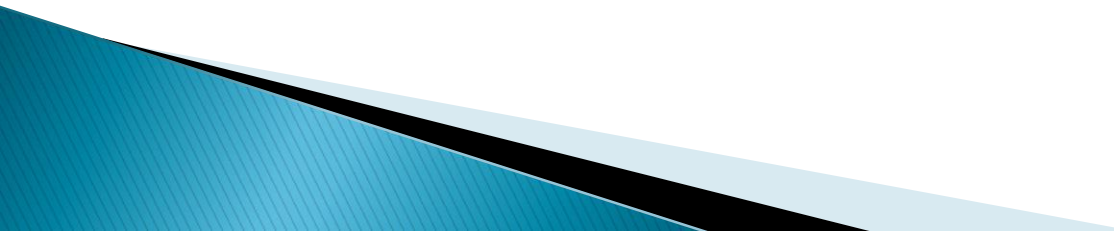
- ▶ **In 2014, eight of 41 of the new drugs approved had some type of genetic or biomarker data in the submission relative to efficacy, safety, or pharmacokinetics**

FDA approved pharmacogenetic tests

| Gene | Drug | Consequence |
|--------|------------|-----------------------|
| TPMT | 6MP | Toxicity |
| CYP2D6 | Tamoxifen | Decreased efficacy |
| UGT1A1 | Irinotecan | Toxicity |
| CYP2D6 | Codeine | Ineffective analgesia |

These genes all modulate Pharmacokinetics

Pharmacogenetics

- **influence of genetic variation on an individual's response to pharmacologic agents**
 - **Pharmacogenetics testing is not routinely used in clinical practice**
- 

Pharmacogenetics

- ▶ **Pharmacokinetic**

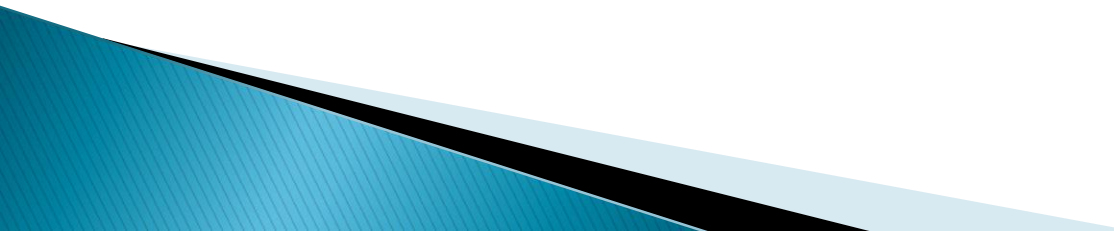
“The process by which a drug is absorbed, distributed, metabolized, and eliminated by the body”

- ▶ **Pharmacodynamic**

“the biochemical and physiological effects of drugs and the mechanisms of their actions”

Pharmacogenetics

Pharmacogenetics is the study of how **genetic variations** affect the disposition of drugs, including their **metabolism** and **transport** and their **safety** and **efficacy**

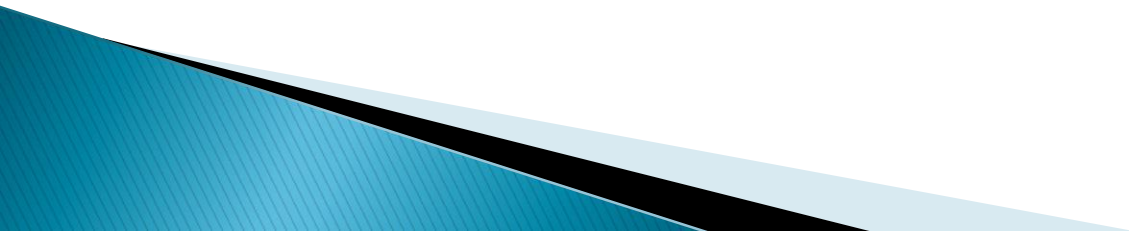


Pharmacogenetics

**Pharmacogenomic Resource for
Enhanced Decisions In Care and
Treatment**

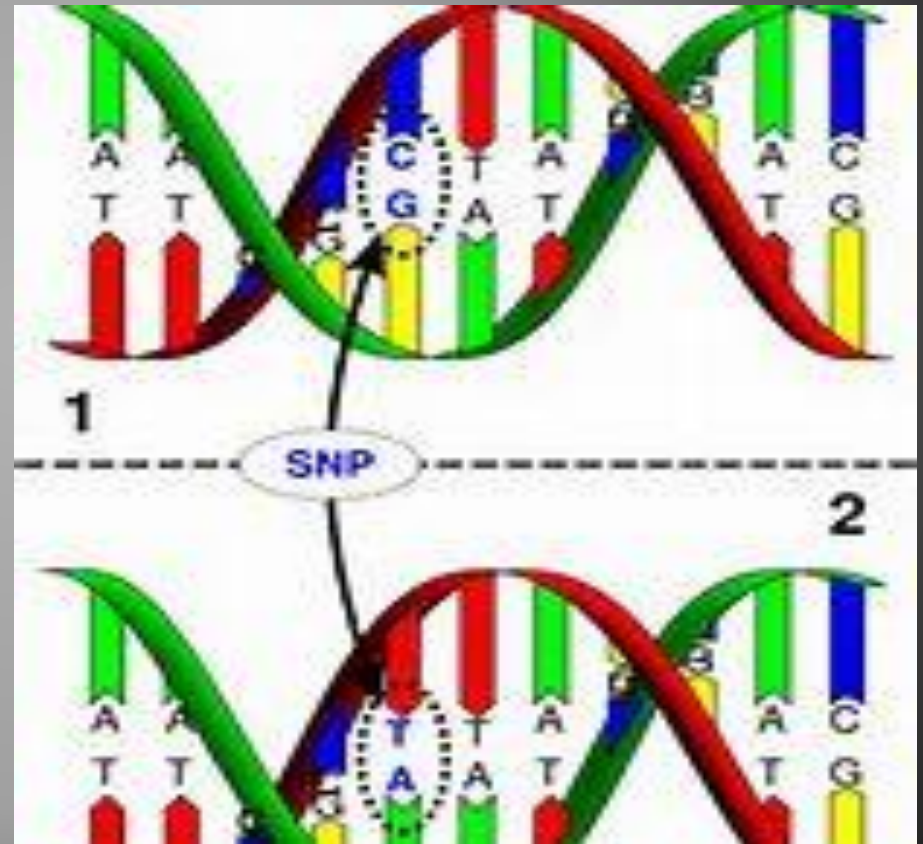


Pharmacogenetically Variations Mechanisms



Single Nucleotide Polymorphisms (SNPs)

- Single nucleotide polymorphisms (SNPs) are the most common type of genetic variation in humans
- A single nucleotide is replaced in the genetic sequence
- Different SNP expressions may modify a drug's therapeutic response or adverse effect incidence



ADME VARIATION

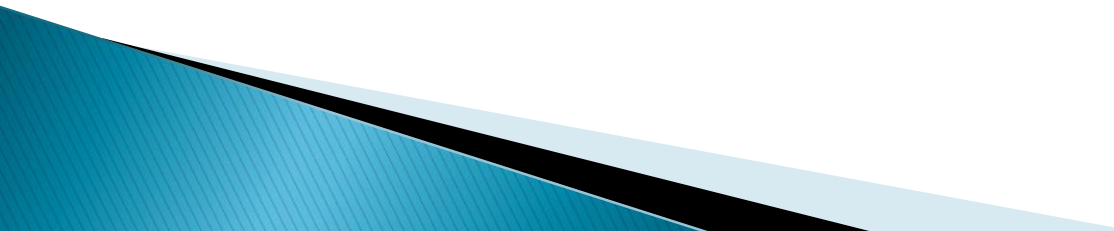
- Absorption
- Distribution
- Metabolism
- Excretion

| | | | |
|---------|--------|---------|---------|
| ABCB1 | CYP2C9 | NAT1 | SULT1A1 |
| ABCC2 | CYP2D6 | NAT2 | TPMT |
| ABCG2 | CYP2E1 | SLC15A2 | UGT1A1 |
| CYP1A1 | CYP3A4 | SLC22A1 | UGT2B15 |
| CYP1A2 | CYP3A5 | SLC22A2 | UGT2B17 |
| CYP2A6 | DPYD | SLC22A6 | UGT2B7 |
| CYP2B6 | GSTM1 | SLCO1B1 | VKORC1 |
| CYP2C19 | GSTP1 | SLCO1B3 | |
| CYP2C8 | GSTT1 | SLCO2B1 | |

HLA Polymorphism

| Variant of <i>HLA</i> Gene | Drug and Adverse Effect |
|--|---|
| <i>HLA-B*57:01</i> | Abacavir-induced skin toxicity |
| <i>HLA-B*58:01</i> | Allopurinol-induced skin toxicity |
| <i>HLA-DRB1 *15:01</i> , <i>DRB5 *01:01</i> , <i>DQB1 *06:02</i> haplotype | Amoxicillin-clavulanate-induced liver injury |
| <i>HLA-B*15:02</i> | Carbamazepine-induced skin toxicity |
| <i>HLA-B *57:01</i> | Flucloxacillin-induced liver injury |
| <i>HLA-DQB1 *06, *02</i> , <i>HLA-DRB1 *15, *07</i> | Various drugs, subgroup analysis for cholestatic or other types of liver injury |
| <i>HLA-DRB1 *07, HLA-DQA1 *02</i> | Ximelagatran, increased ALT |

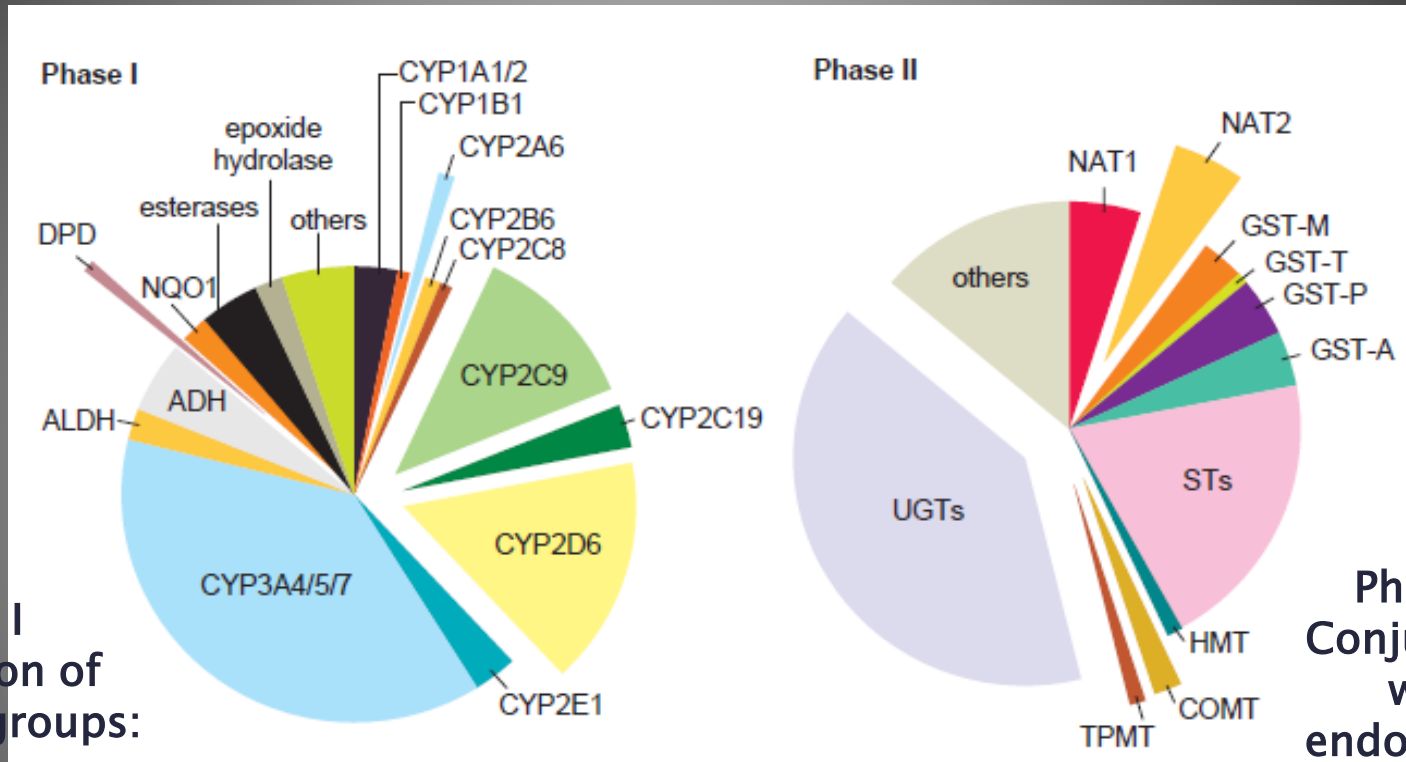
GENETIC VARIATION

- ▶ **ENZYMES**
 - ▶ **TRANSPORTS**
 - ▶ **HLA**
 - ▶ **IMMUNE SYSTEM FUNCTION**
 - ▶ **POLYGENIC EFFECTS**
 - ▶ **EPIGENOMICS**
- 

About the CYPs

- ▶ **Membrane bound enzymatic proteins**
 - **Involved in oxidation, peroxidation and reductive metabolism**
 - **Responsible for >90% of drug transformation**
- ▶ **Greater than 50 different *CYP* genes encoding 50 different proteins**
- ▶ **CYP2D6 present mainly in liver and a major player in drug metabolism from antidepressants to antihypertensive to chemotherapy**

Drug Metabolizing Enzymes



Phase I
Modification of
functional groups:

Evans and Relling, *Science* 1999

Phase II
Conjugation
with
endogenous
substituents
to form:

Hydrolysis
Oxidation
Dealkylation
Dehydrogenation
Reduction
Deamination
Desulfuration

Glucuronide
Acetate
Glutathione
Sulfate
Methionine

Metabolism

| Enzyme Involved | Defect | Genotype | Drug and Therapeutic Use | Clinical Consequences ¹ |
|-----------------|--|-----------|---|---|
| CYP1A2 | <i>N</i> -Demethylation | EM | Caffeine (CNS stimulant) | Reduced CNS stimulation due to increased gene inducibility and thus increased metabolism/clearance in cigarette smokers and frequent ingesters of omeprazole. |
| CYP2A6 | <i>N</i> -Demethylation | PM | Caffeine (CNS stimulant) | Enhanced CNS stimulation. |
| | Oxidation | PM | Nicotine (cholinceptorstimulant) | Nicotine toxicity. Lesser craving for frequent cigarette smoking. |
| | Oxidation | EM | Nicotine (cholinceptorstimulant) | Increased nicotine metabolism. Greater craving for frequent cigarette smoking. |
| CYP2B6 | Oxidation | PM | Coumarin (anticoagulant) | Increased risk of bleeding. |
| | Oxidation | EM | Coumarin (anticoagulant) | Increased clearance. Greater risk of thrombosis. |
| | Oxidation, <i>N</i> -Dechloroethylation | PM | Cyclophosphamide, ifosfamide (anti-cancer) | Reduced clearance. Increased risk of ADRs. |
| | Oxidation | PM | Efavirenz, nevirapine (anti-HIV) | Reduced clearance. Increased risk of ADRs. |
| CYP2C8 | Hydroxylation | PM | Repaglinide, rosiglitazone, pioglitazone (antidiabetic) | Reduced clearance. Increased risk of ADRs. |
| | Hydroxylation | PM | Paclitaxel (anti-cancer) | Reduced clearance. Increased risk of ADRs (myelosuppression). |
| CYP2C9 | <i>N</i> -Deethylation/ <i>N</i> -Dealkylation | PM | Amodiaquine, chloroquine (antimalarial) | Reduced clearance. Increased risk of ADRs. |
| | <i>N</i> -Deethylation | PM | Amiodarone (antiarrhythmic) | Reduced clearance. Increased risk of ADRs. |
| | Hydroxylation | PM | Celecoxib, diclofenac, flurbiprofen, <i>S</i> -ibuprofen (NSAIDs) | Reduced clearance. Increased risk of ADRs. |
| | Hydroxylation | PM | <i>S</i> -Warfarin, <i>S</i> -acenocoumarol (anticoagulants) | Enhanced bleeding risk. Clinically highly relevant. Dose adjustment required. |
| | Hydroxylation | PM | Tolbutamide (antidiabetic) | Cardiotoxicity. |
| CYP2C19 | Hydroxylation | PM | Phenytoin (antiepileptic) | Nystagmus, diplopia, and ataxia. |
| | <i>N</i> -Demethylation | PM | Amitriptyline, clomipramine (antidepressants) | Reduced clearance. Increased risk of ADRs. Dose adjustment required. |
| | Oxidation | PM | Moclobemide (MAOI) | |
| | <i>N</i> -Demethylation | PM | Citalopram (SSRI) | Increased risk of gastrointestinal side effects. |
| | <i>O</i> -Demethylation | PM | Omeprazole (PPI) | Increased therapeutic efficacy. |
| | Hydroxylation | PM | Mephenytoin (antiepileptic) | Overdose toxicity. |
| | <i>N</i> -Demethylation | EM | Escitalopram (antidepressants) | Increased gene transcription resulting in increased activity and thus reduced therapeutic efficacy. |
| | <i>O</i> -Demethylation | EM | Omeprazole (PPI) | Reduced therapeutic efficacy. |
| CYP2D6 | Hydroxylation | EM | Tamoxifen (anti-cancer) | Increased metabolic activation, increased therapeutic efficacy; reduced risk of relapse. Dose adjustment required. |
| | Oxidative cyclization | EM | Chlorproguanil (antimalarial) | Increased metabolic activation, increased therapeutic efficacy. Dose adjustment required. |
| | Oxidation | EM | Clopidogrel (antiplatelet) | Increased metabolic activation, increased therapeutic efficacy. Dose adjustment required. |
| | Oxidation | PM | Bufuralol (β -adrenoceptor blocker) | Exacerbation of β blockade, nausea. |
| | <i>O</i> -Demethylation | PM | Codeine (analgesic) | Reduced metabolic activation to morphine and thus reduced analgesia. |
| | Oxidation | PM | Debrisoquin (antihypertensive) | Orthostatic hypotension. |

Metabolism

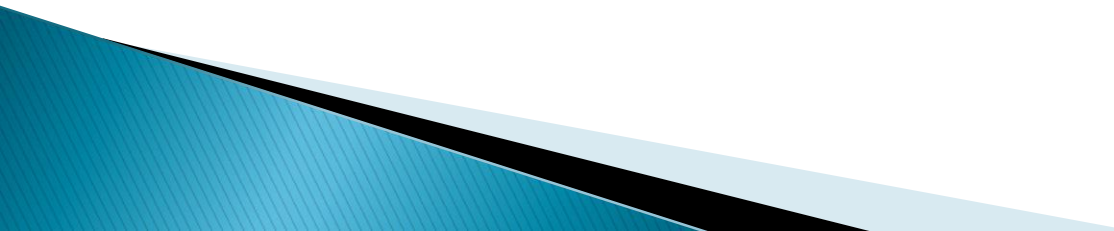
| Enzyme Involved | Defect | Genotype | Drug and Therapeutic Use | Clinical Consequences ¹ |
|-----------------|--------------------------|----------|--|---|
| | N-Demethylation | PM | Nortriptyline (antidepressant) | Reduced clearance. Increased risk of ADRs. |
| | Oxidation | PM | Sparteine | Oxytocic symptoms. |
| | O-Demethylation | PM | Dextromethorphan (antitussive) | Reduced clearance. Increased risk of ADRs. |
| | O-Demethylation | PM | Tramadol (analgesic) | Increased risk of seizures. |
| | Hydroxylation | PM | Tamoxifen (anti-cancer) | Reduced metabolic activation to the therapeutically active endoxifen and thus reduced therapeutic efficacy. |
| | O-Demethylation | UM | Codeine (analgesic) | Increased metabolic activation to morphine and thus increased risk of respiratory depression. |
| | N-Demethylation | UM | Nortriptyline (antidepressant) | Reduced therapeutic efficacy due to increased clearance. |
| | O-Demethylation | UM | Tramadol (analgesic) | Reduced therapeutic efficacy due to increased clearance. |
| CYP3A4 | | PM? | All drugs metabolized by this enzyme would be potentially affected | Reduced clearance. Dose adjustment may be required to avoid drug-drug interactions. |
| CYP3A5 | | PM? | Saquinavir, and other CYP3A substrates | Usually less catalytically active than CYP3A4. A higher frequency of a functional CYP3A5*1 allele is seen in Africans than in Caucasians; the latter most often carry the defective CYP3A5*3 allele. This may significantly affect therapeutics of CYP3A substrates in CYP3A5*1 or CYP3A5*3 homozygous individuals. |
| ALDH | Aldehyde dehydrogenation | PM | Ethanol (recreational drug) | Facial flushing, hypotension, tachycardia, nausea, vomiting. |
| BCHE | Ester hydrolysis | PM | Succinylcholine (muscle relaxant) | Prolonged apnea. |
| | | | Mivacurium (neuromuscular blocker) | Prolonged muscle paralysis. |
| | | | Cocaine (CNS stimulant) | Increased blood pressure, tachycardia, ventricular arrhythmias. |
| GST | GSH-conjugation | PM | Acetaminophen (analgesic), Busulfan (anti-cancer) | Impaired GSH conjugation due to gene deletion. |
| NAT2 | N-Acetylation | PM | Hydralazine (antihypertensive) | Lupus erythematosus-like syndrome. |
| | N-Acetylation | PM | Isoniazid (antitubercular) | Peripheral neuropathy. |
| TPMT | S-Methylation | PM | 6-Thiopurines (anti-cancer) | Myelotoxicity. |
| UGT1A1 | Glucuronidation | PM | Bilirubin (heme metabolite) | Hyperbilirubinemia. |
| | | | Irinotecan (anti-cancer) | Reduced clearance. Dose adjustment may be required to avoid toxicity (GI dysfunction, immunosuppression). |

| Gene | Drug | Diplotype ¹ | Likely Phenotype (Activity Score) | Dosing Recommendation | Source of Recommendation |
|--|-------------------|--|--|---|---------------------------------|
| CYP2D6 | Codeine | +1/*1xN, +1/*2xN | UM (> 2.0) | ↓ Alternative analgesic, eg, morphine or nonopioid; increased formation of morphine following codeine administration leads to higher risk of toxicity. | CPIC ² |
| | | +1/*1, +1/*2, +2/*2, +1/*41, +2/*5 | EM (1.0–2.0) | • Standard starting dose. | |
| | | +4/*10, +5/*41 | IM (0.5) | • Standard starting dose; monitor closely for lack of analgesic response due to reduced morphine formation. Consider alternate analgesic, eg, morphine or nonopioid. | |
| | | +3/*4, +4/*4, +4/*5, +5/*5, +4/*6 | PM (0.0) | • Alternative analgesic, eg, morphine or nonopioid analgesic; greatly reduced morphine formation following codeine administration, leading to insufficient pain relief. Avoid higher doses, as central side effects do not differ in PMs. | |
| CYP2C19 | Clopidogrel | +1/*17, +17/*17 (UM), and +1/*1 (EM) | UM, EM | • Standard dose. | CPIC |
| | | +1/*2, +1/*3, +2/*17 | IM | • Alternative antiplatelet agent, eg, prasugrel or ticagrelor. | |
| | | +2/*2, +2/*3, +3/*3 | PM | • Alternative antiplatelet agent, eg, prasugrel or ticagrelor. | |
| DPYD | Fluoropyrimidines | +1/*1 | Normal | • Standard dose. | CPIC |
| | | +1/*2A, +1/*13, +1/rs67376798A | Reduced activity | • Reduce initial dose 50% and titrate based on toxicity or on pharmacokinetic test results (if available). | |
| | | +2A/*2A, +2A/*13, +13/*13, rs67376798A/rs67376798A | Complete deficiency | • Different non-fluoropyrimidine anticancer agent. | |
| UGT1A1 | Irinotecan | +1/*1, +1/*28 | Normal | • Standard starting dose. | Drug label DPWG ³ |
| | | +28/*28 | Reduced | • Reduce starting dose by at least one dose level. Or, Dose > 250 mg/m ² : Reduce starting dose 30% and increase in response to neutrophil count. Dose = 250 mg/m ² : No dose adjustment. | |
| | Atazanavir | +1/*1, +1/*36, +36/*36, rs887829 C/C | Normal | No reason to avoid prescribing atazanavir. Inform patient of risks. Based on this genotype, there is a less than 1 in 20 chance of stopping atazanavir for jaundice. | |
| +1/*28, +1/*37, +36/*28, +36/*37, rs887829 C/T, +1/*6 | | Intermediate | No reason to avoid prescribing atazanavir. Inform patient of risks. Based on this genotype, there is a less than 1 in 20 chance of stopping atazanavir for jaundice. | | |
| +28/*28, +28/*37, +37/*37, rs887829 T/T (+80/*80), +6/*6 | | Reduced | Consider alternative agent. Based on this genotype, there is a high (20–60%) likelihood of developing jaundice that will result in discontinuation of atazanavir. | | |
| TPMT | Thiopurines | +1/*1 | Normal, high activity | • Standard starting dose. | CPIC |
| | | +1/*2, +1/*3A, +1/*3B, +1/*3C, +1/*4 | Intermediate activity | • Start at 30–70% of target dose and titrate every 2–4 weeks with close clinical monitoring of tolerability, eg, white blood cell counts and liver function tests. | |

| Gene | Drug | Diplotype ¹ | Likely Phenotype (Activity Score) | Dosing Recommendation | Source of Recommendation |
|---------------------------|------------------------|--|-----------------------------------|--|--------------------------|
| G6PDX-Linked trait | | 3A/*3A, +2/*3A, +3C/*3A, +3C/*4, +3C/*2, +3A/*4 | Low activity | <ul style="list-style-type: none"> Malignant disease: Drastic reduction of thiopurine doses, eg, tenfold given thrice weekly instead of daily. Nonmalignant conditions: Alternative nonthiopurine immunosuppressive agent. | |
| | | Genotype-to-phenotype predictions limited to males and homozygous females. | | | |
| | Rasburicase | B, A | Normal | <ul style="list-style-type: none"> Standard dose. | Drug label/CPIC |
| | | A-, Mediterranean, Canton | Deficient | <ul style="list-style-type: none"> Alternative agent, eg, allopurinol: Rasburicase is contraindicated in patients with G6PD deficiency. | |
| | | Variable | Unknown risk of hemolytic anemia | <ul style="list-style-type: none"> Enzyme activity must be measured to determine G6PD status. An alternative is allopurinol. | |
| SLCO1B1 | | | | | |
| | Simvastatin 40 mg | +1a/*1a, +1a/*1b, +1b/*1b | Normal activity | <ul style="list-style-type: none"> Standard dose. | CPIC |
| | | +1a/*5, +1a/*15, +1a/*17, +1b/*5, +1b/*15, +1b/*17 | Intermediate activity | <ul style="list-style-type: none"> Prescribe a lower dose or consider an alternative statin, eg, pravastatin or rosuvastatin; consider routine CK monitoring. | |
| | | +5/*5, +5/*15, +5/*17, +15/*15, +15/*17, +17/*17 | Low activity | <ul style="list-style-type: none"> Prescribe a lower dose or consider an alternative statin, eg, pravastatin or rosuvastatin; consider routine CK monitoring. | |
| HLA | | | | | |
| | Abacavir | +Other/*Other | Negative | <ul style="list-style-type: none"> Standard dose. | CPIC |
| | | +Other/*57:01, +57:01/*57:01 | Positive | <ul style="list-style-type: none"> Alternative agent: abacavir is contraindicated in HLA-B*57:01-positive patients. | |
| IFNL3 | | | | | |
| | PEG-IFN- α /RBV | rs12979860/ rs12979860 | Favorable | <ul style="list-style-type: none"> PEG-IFN-α/RBV: Consider cure rates before initiating regimen; ~70% chance for SVR⁴ after 48 weeks of therapy. PEG-IFN-α/RBV + protease inhibitor combinations: Regimen recommended; ~90% chance for SVR after 24–48 weeks of therapy, with 80–90% chance for shortened duration of therapy. | CPIC |
| | | Reference/reference or reference/rs12979860 | Unfavorable | <ul style="list-style-type: none"> PEG-IFN-α/RBV: Consider cure rates before initiating regimen; ~30% chance for SVR after 48 weeks of therapy. PEG-IFN-α/RBV + protease inhibitor combinations: Consider cure rates before initiating regimen; ~60% chance for SVR after 24–48 weeks of therapy, with 50% chance for shortened duration of therapy. | |
| CYP2C9, VKORC1 | | | | | |
| | Warfarin | +1/*1, +1/*2, +2/*2, +2/*3, +1/*3, +3/*3, 1639GG, 1639GA, 1639AA | Various | <ul style="list-style-type: none"> Apply validated dosing algorithm, eg, www.warfarindosing.org (or IWPC⁵) for international normalized ratio target 2–3) or FDA-approved dosing table per manufacturer's labeling. | CPIC |

TPMT

Thiopurine S-Methyltransferase

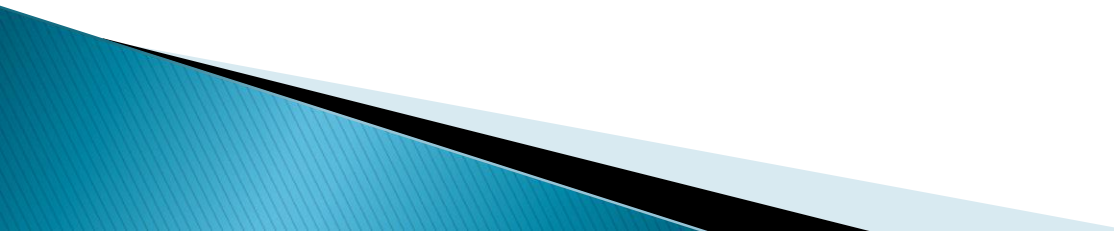
- ▶ **Main metabolizer of chemotherapeutic agents 6MP and azothiopurine (used mainly in blood based malignancies)**
 - ▶ **TPMT deficiency leads to severe toxicity associated with treatment (potential mortality)**
- 

Uridine 5'-Diphosphoglucuronosyl Transferase 1 (UGT1A1)

- ▶ **Gilbert's syndrome**
- ▶ **Irinotecan a topoisomerase I inhibitor
prodrug**

GENETIC VARIATIONS IN IMMUNE SYSTEM FUNCTION

- ▶ **DRUG-INDUCED HYPERSENSITIVITY**

 - ▶ **Primary Immunodeficiency**
- 

G6PD

- ▶ **G6PD deficiency**
 - ▶ **400 million people worldwide**
 - ▶ **prevalence in persons of African, Asian, and Mediterranean descent**
 - ▶ **X-linked recessive disorder**
 - ▶ **24 to 72 hours after exposure to oxidant stress**
- 

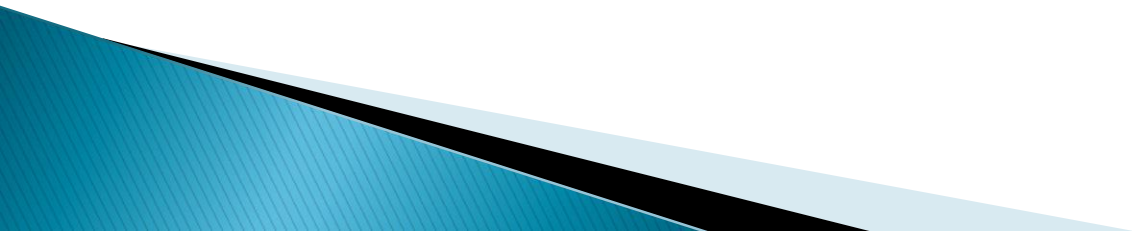
GENETIC VARIATIONS IN TRANSPORTERS

- ▶ **ORGANIC ANION TRANSPORTER (OATP1B1)**
 - ▶ **SLCO1B1**
 - ▶ **Statins**
- 

HLA VARIATION

| Variant of <i>HLA</i> Gene | Drug and Adverse Effect |
|--|---|
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| <i>HLA-B*58:01</i> | Allopurinol-induced skin toxicity |
| <i>HLA-DRB1 *15:01,</i> <i>DRB5 *01:01,</i> <i>DQB1 *06:02</i> haplotype | Amoxicillin-clavulanate-induced liver injury |
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| <i>HLA-DQB1 *06, *02,</i> <i>HLA-DRB1 *15, *07</i> | Various drugs, subgroup analysis for cholestatic or other types of liver injury |
| <i>HLA-DRB1 *07, HLA-DQA1 *02</i> | Ximelagatran, increased ALT |

Pharmacogenetics & Pharmacotherapy




Pharmacogenetics & Pharmacotherapy

- **Provide real-time decision support thereby facilitating individualized drug therapy to maximize efficacy, minimize adverse drug reactions, and reduce health care costs**

Assemble multidisciplinary, multidepartment team

Pathology, Informatics, Pharmacy, Clinicians, Ethics, Legal, Regulatory

Clopidogrel (PLAVIX) – *CYP2C19*

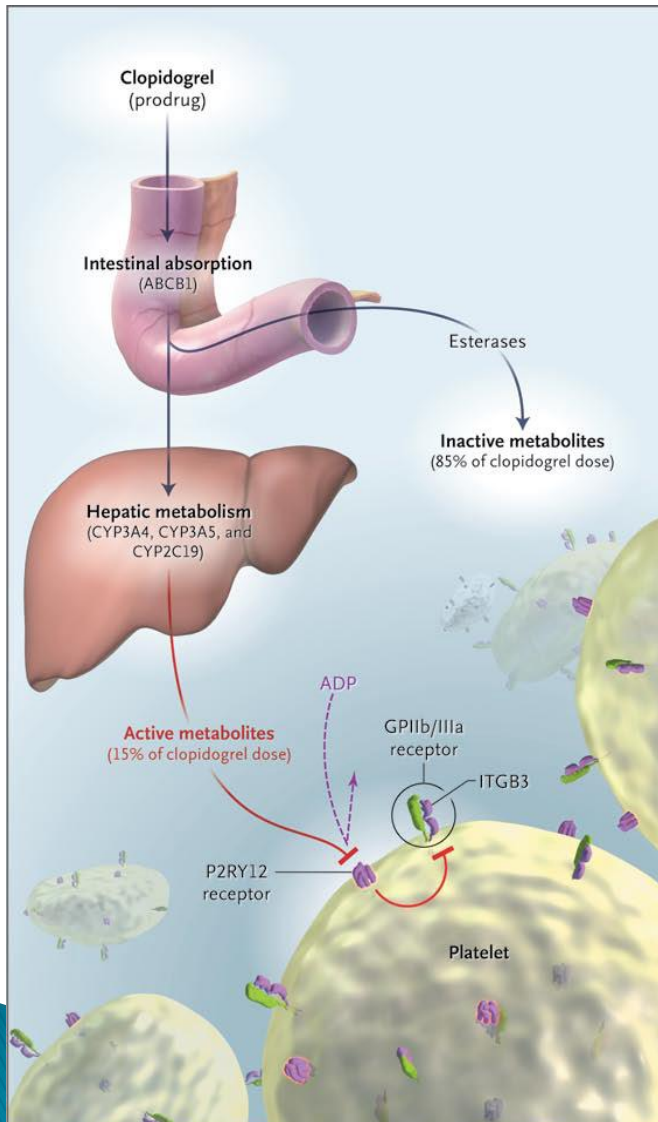
- **FDA issued a “black box” warning regarding the clinical relevance of genotype analysis**
 - **Widely prescribed to patients at our medical facility**
 - **Could provide decision support and measure the change in prescribing behavior of the provider based on the given decision support**
 - **Targeted patient population to launch model – the cardiac catheterization lab**
- 

FDA – Black Box Warning Issued March 12, 2010

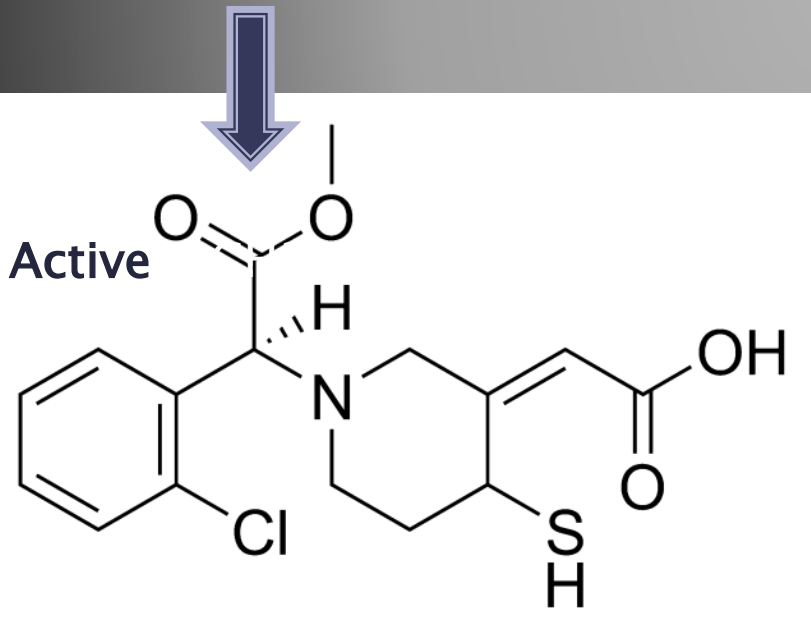
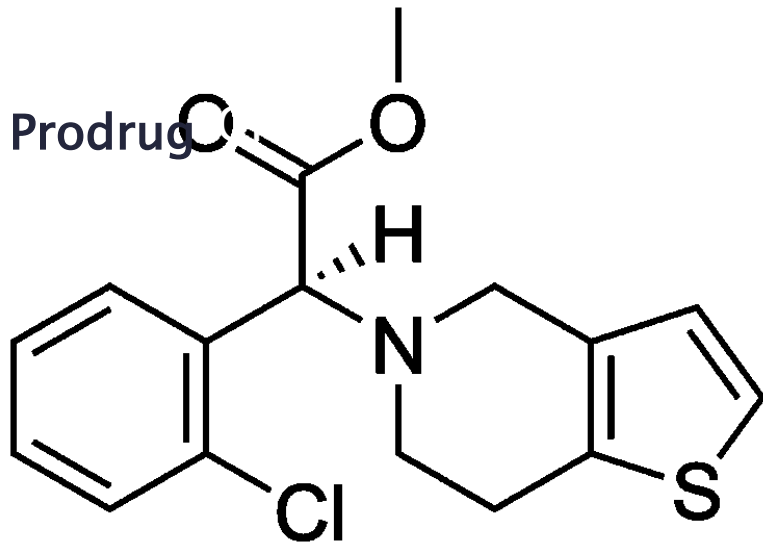
▶ WARNING: DIMINISHED EFFECTIVENESS IN POOR METABOLIZERS

- activation to an active metabolite by the cytochrome P450 (CYP) system, principally CYP2C19.**
- Poor metabolizers acute coronary syndrome (ACS) or percutaneous coronary intervention (PCI)**
- Tests patient's CYP2C19 genotype determining therapeutic strategy.**
- Consider alternative treatment or treatment strategies**

Clopidogrel - PLAVIX



- **Requires gastro-intestinal absorption and hepatic biotransformation**
- **Is an inhibitor to the P2RY12 receptor thereby preventing binding of ADP**
- **Increases risk of bleeding; especially GI bleeding when combined with warfarin and nonsteroidal anti-inflammatory drugs**



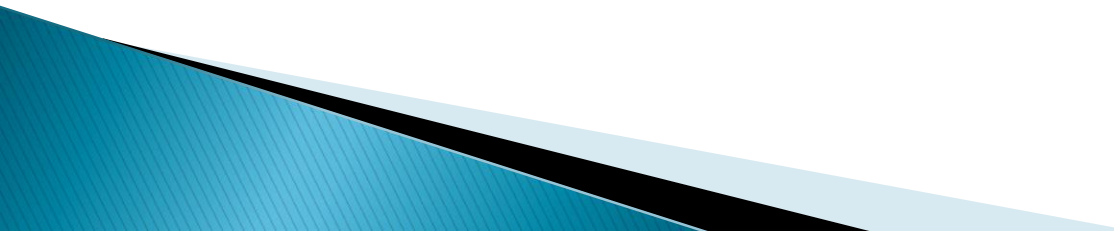
- **Antiplatelet therapy, often prescribed in combination with aspirin**
- **Initial dose 300 mg followed by 75 mg daily**
- **Indications for use: acute coronary syndrome; recent myocardial infarction or stroke; peripheral arterial disease; or patients managed following angioplasty, bypass surgery or stent placement**

Plavix

▶ **WARNING: DIMINISHED EFFECTIVENESS IN POOR METABOLIZERS**

- **Effectiveness of Plavix depends on activation to an active metabolite by the cytochrome P450 (CYP) system, principally CYP2C19.**
- **Poor metabolizers treated with Plavix at recommended doses exhibit higher cardiovascular event rates following acute coronary syndrome (ACS) or percutaneous coronary intervention (PCI) than patients with normal CYP2C19 function.**

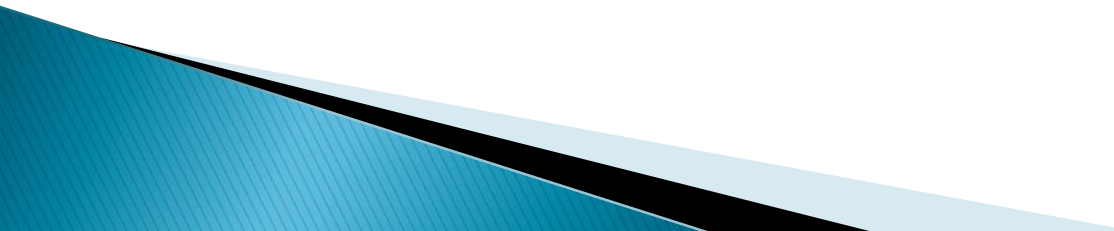
Plavix

- **Tests are available to identify a patient's CYP2C19 genotype and can be used as an aid in determining therapeutic strategy.**
 - **Consider alternative treatment or treatment strategies in patients identified as CYP2C19 poor metabolizers.**
- 

Tamoxifen

- ▶ **Needs to be converted to endoxifen to be active**
 - **catalysed by the polymorphic enzyme cytochrome P450 2D6 (CYP2D6)**
 - **6-10% European population deficient in this enzyme**
 - **Efficacy of tamoxifen likely low in this population**
 - **Suggests consider alternative treatments**

Pharmacogenetics & ADR



Favism

- ▶ **G6PD deficiency**
 - ▶ **400 million people worldwide**
 - ▶ **prevalence in persons of African, Asian, and Mediterranean descent**
 - ▶ **X-linked recessive disorder**
 - ▶ **24 to 72 hours after exposure to oxidant stress**
- 

Favism contraindication

| Name | Molecular Formula | Risk Level (note) | For Whom | Notes |
|---|-----------------------------|----------------------|---------------|-------------|
| 2-Naphthol | $C_{10}H_8O$ | High | All | |
| Acetanilide (acetanilid) | C_8H_9NO | High | Medit., Asian | |
| Acetazolamide | $C_4H_6N_4O_3S_2$ | Medium | All | |
| Acetylphenylhydrazine (2-Phnylaceto-hydrazide) | $C_8H_{10}N_2O$ | High | All | Note |
| Aldesulfone sodium (sulfoxone) | $C_{14}H_{14}N_2Na_2O_6S_3$ | High | All | |
| Aminophenazone (aminopyrine) | $C_{13}H_{17}N_3O$ | Medium | All | |
| Antazoline (antistine) | $C_{17}H_{19}N_3$ | Medium | All | |
| Arginine (2-Amino-5-guanidinopentanoic acid) | $C_6H_{14}N_4O_2$ | Medium | All | |
| Arsine | $As-H_3$ | High | All | Note |
| Ascorbic Acid | $C_6H_8O_6$ | High | All | |
| Bean of St.Ignatius (Strychnos ignatii) | | Medium | All | |
| Benorilate | $C_{17}H_{15}NO_5$ | Medium | All | |
| Beta-Naphthol (2-Naphthol) | $C_{10}H_8O$ | High | All | |
| Brinzolamide | | High | All | Note |
| Bupivacaine | $C_{18}H_{28}N_2O$ | High | All | |

Favism contraindication

| Name | Molecular Formula | Risk Level (note) | For Whom | Notes |
|---|-------------------------------------|----------------------|---------------|-------------|
| Enoxacin | $C_{15}H_{17}F_4N_4O_3$ | High | All | |
| Epirubicin | $C_{27}H_{29}NO_{11}$ | Medium | All | |
| Flumequine | $C_{14}H_{12}FNO_3$ | Medium | All | |
| Furazolidone | $C_8 H_7 N_3 O_5$ | High | All | |
| Glibenclamide | $C_{32} H_{28} Cl N_3 O_5 S$ | High | Medit., Asian | Note |
| Glibornuride | $C_{18}H_{26}N_2O_4S$ | Medium | All | |
| Gliclazide | $C_{15}H_{21}N_3O_3S$ | High | All | |
| Glimepiride | $C_{24}H_{34}N_4O_5S$ | High | All | |
| Glipizide | $C_{21}H_{27}N_5O_4S$ | High | All | |
| Glucosulfone (glucosulfone sodium) | $C_{24} H_{34} N_2 Na_2 O_{18} S_3$ | High | All | |
| Hydroxychloroquine | $C_{18}H_{26}ClN_3O$ | High | All | |
| Indigofera Tinctoria | | Medium | All | |
| Isobutyl Nitrite | $C_4 H_9 N O_2$ | High | Medit., Asian | |
| Isoniazid | $C_6 H_7 N_3 O$ | Medium | All | |
| Lawsone Inermis | | Medium | All | |

Favism contraindication

| Name | Molecular Formula | Risk Level (note) | For Whom | Notes |
|--|-------------------------|----------------------|---------------|-------------|
| Sulfasalazine, Salazosulfapyridine (salazopyrin) | $C_{18}H_{14}N_4O_5S$ | High | All | Note |
| Sulfoxone | $C_{14}H_{16}N_2O_6S_3$ | Medium | All | |
| Thiamphenicol | $C_{12}H_{15}Cl_2NO_5S$ | High | All | |
| Thiazosulfone (thiazolesulfone) | $C_9H_9N_3O_2S_2$ | High | Medit., Asian | |
| Tiaprofenic Acid | $C_{14}H_{12}O_3S$ | Medium | All | |
| Tolonium Chloride, Tolonium Chloride (toluidine blue) | $C_{15}H_{16}ClN_3S$ | High | All | |
| Trihexyphnydyl (benzhexol) | $C_{20}H_{31}NO$ | Medium | All | |
| Trimethoprim | $C_{14}H_{18}N_4O_3$ | Medium | All | Note |
| Trimethoprim + Sulfamethoxazole | | High | All | |
| Trinitrotoluene (2,4,6- Trinitrotoluene) | $C_7H_5N_3O_6$ | High | Medit., Asian | |
| Tripelennamine | $C_{16}H_{21}N_3$ | Medium | Medit., Asian | |

Favism contraindication

| Name | Molecular Formula | Risk Level (note) | For Whom | Notes |
|---|------------------------------|----------------------|---------------|-------------|
| Niridazole | $C_6 H_6 N_4 O_3 S$ | High | All | |
| Nitric Oxide | NO | High | All | |
| Nitrofurural (nitrofurazone) | $C_6 H_6 N_4 O_4$ | High | All | |
| Nitrofurantoin | $C_8 H_6 N_4 O_5$ | High | All | |
| Nitroglycerin | $C_3 H_5 N_3 O_9$ | High | All | |
| Noramidopyrine | $C_{13} H_{16} N_3 Na O_4 S$ | High | All | |
| Norfloxacin | $C_{16} H_{18} F N_3 O_3$ | Medium | All | |
| O-Acetylsalicylic Acid (acetylsalicylic acid) | $C_9 H_8 O_4$ | High | Medit., Asian | Note |
| O-Acetylsalicylic Acid + Acetanilide | | High | Medit., Asian | |
| O-Acetylsalicylic Acid + Ascorbic Acid | | High | All | |
| O-Acetylsalicylic Acid + Paracetamol | | High | All | |
| Ofloxacin | | High | Medit., Asian | |
| Oxidase, Urate (urate oxidase) | | High | Medit., Asian | |
| Pamaquine | $C_{42} H_{45} N_3 O_7$ | High | All | |
| Para-Aminobenzoic Acid (4-Aminobenzoic Acid) | $C_7 H_7 N O_2$ | Medium | All | |

Favism contraindication

| | | | | |
|---------------------------------------|------------------------|--------|--------------|-------------|
| Calcium Carboxylate | | Medium | All | |
| Carbutamide | $C_{11}H_{17}N_3O_3S$ | Medium | All | |
| Chloramphenicol | $C_{11}H_{12}ClN_2O_5$ | High | Medit, Asian | |
| Chloroquine | $C_{18}H_{26}ClN_3$ | High | Medit, Asian | Note |
| Chloroquine + Proguanil | | High | Medit, Asian | |
| Ciprofloxacin | | High | All | |
| Colchicine | $C_{22}H_{25}NO_6$ | Medium | All | |
| Dapsone (diaphenylsulfone) | $C_{12}H_{12}N_2O_2S$ | High | All | Note |
| Diethylamine | $C_4H_{11}N$ | High | All | |
| Dimenidrinato | $C_{24}H_{28}ClN_5O_3$ | High | All | |
| Dimercaprol | $C_3H_8OS_2$ | High | All | |
| Diphenhydramine (difenilhydramine) | $C_{17}H_{21}NO$ | Medium | All | |
| Dopamine | $C_8H_{11}NO_2$ | Medium | All | |
| Dorzolamide | | High | All | Note |
| Doxorubicin | $C_{27}H_{29}NO_{11}$ | High | Medit, Asian | |

Carbamazepine (Tegretol)

- ▶ **Genetic variants have been associated with two forms of life-threatening skin conditions (Stevens-Johnson syndrome and toxic epidermal necrolysis) experienced by carbamazepine patients.**
- ▶ **In particular, two HLA-related variants (HLA-B*1502 in Asian populations and HLA-A* 3101 in Caucasians populations) are more likely than other patients to have dangerous skin reactions**
- ▶ **Testing of this allele can reduce the frequency of these reactions**

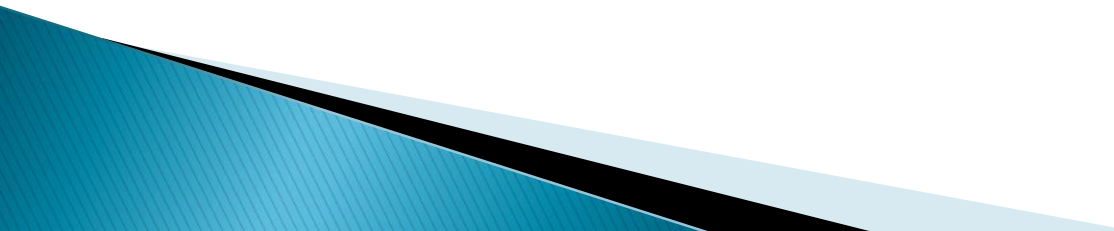
Abacavir (Ziagen)

- ▶ **Nucleoside analog reverse transcriptase inhibitor (NRTI) used to treat HIV and AIDS first approved in 1998**
- ▶ **Subsequent studies showed that patients who carry the HLA-B*5701 allele were at high risk for hypersensitivity to abacavir due to this allele being strongly associated with a single-nucleotide polymorphism at the HLA-B*5701 locus**
- ▶ **The label was changed to recommended pre-therapy screening for the HLA-B*5701 allele and the use of alternative therapy in subjects with this allele.**
- ▶ **Clinicians can now safely prescribe Abacavir for the right patient and the incidence of these reactions has diminished worldwide.**

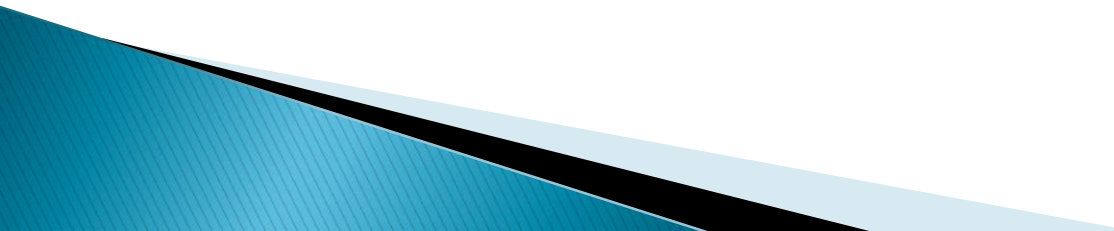
Personalized Medicine

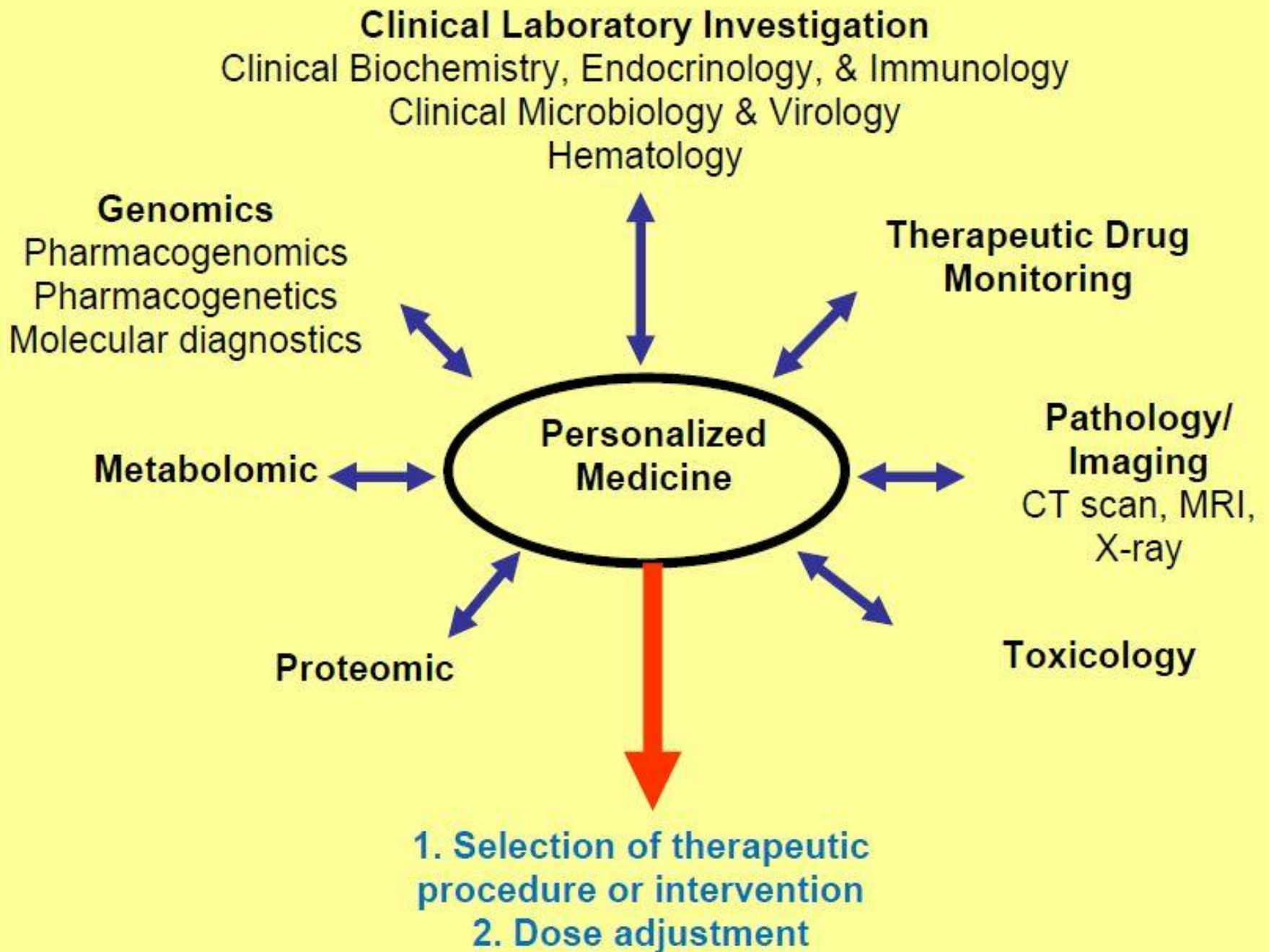
- ▶ **Aim** → understand how a person's genetics, environment, and lifestyle can help determine the best approach to prevent or treat disease
- ▶ **Goals:**
 - **Short-term** → expanding precision medicine in the area of cancer research
 - **Long-term** → bringing precision medicine to all areas of healthcare on a large scale

Personalized Medicine

- ▶ **Male & Female difference: ethanol, propranolol, some benzodiazepines, estrogens, and salicylates**
 - ▶ **Diet & Environmental Factors**
 - ▶ **Diseases Affecting Drug Metabolism**
 - ▶ **Drug-Drug Interactions during Metabolism**
- 

Duloxetine

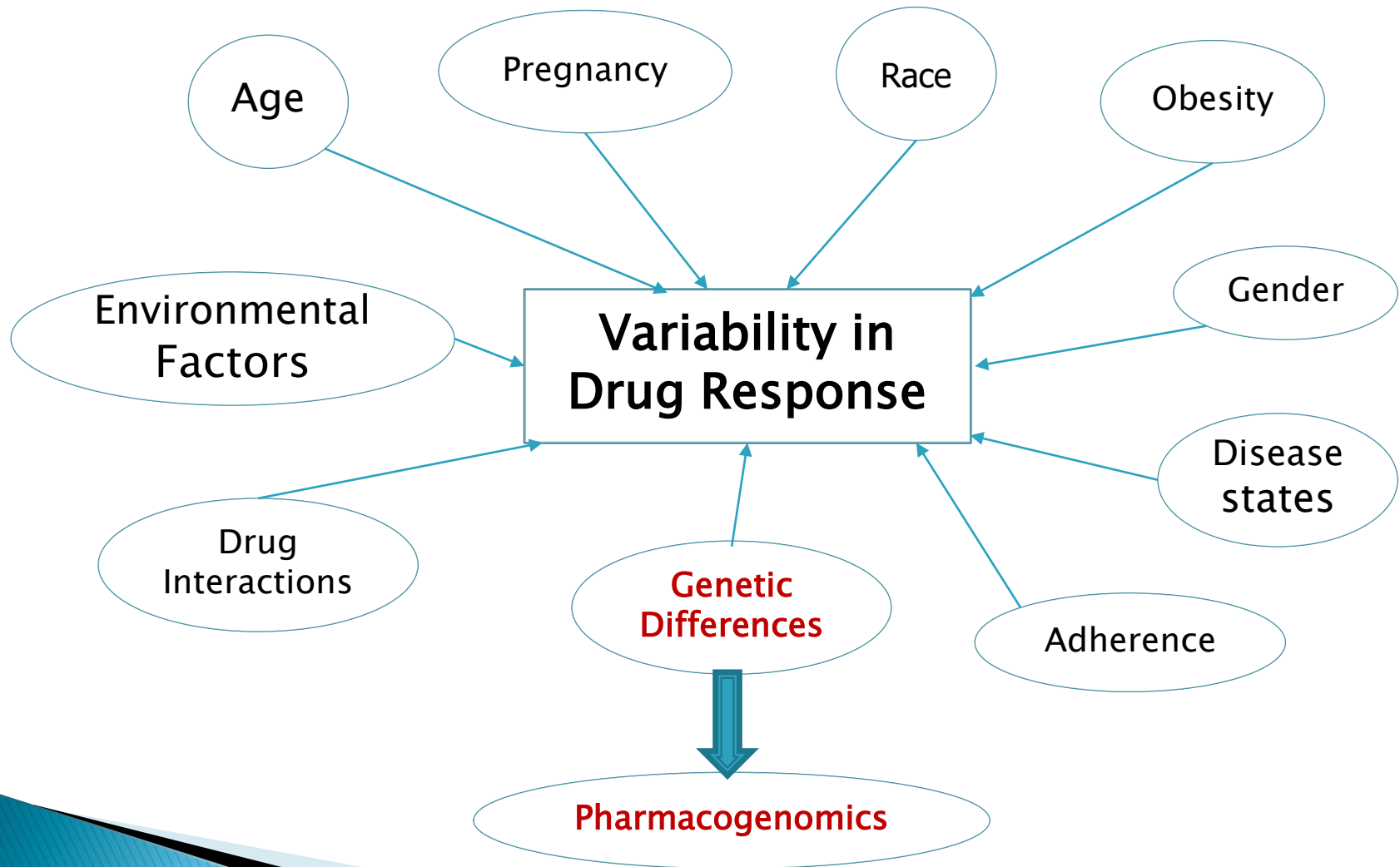
- ▶ **Side Effects**
 - ▶ **Metabolism**
 - ▶ **Polymorphism**
- 



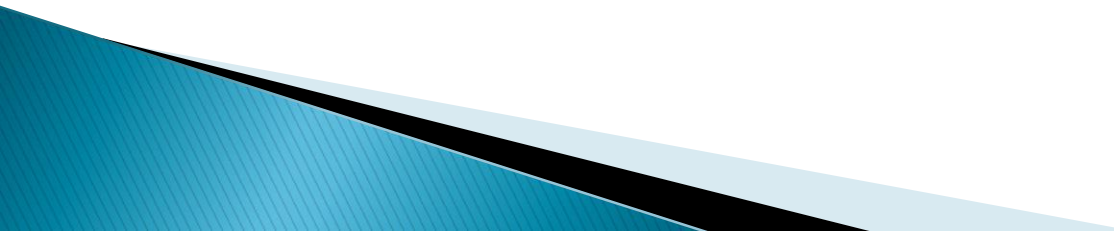
Personalized Medicine

- **Provide real-time decision support thereby facilitating individualized drug therapy to maximize efficacy, minimize adverse drug reactions, and reduce health care costs**

Sources of Variation in Response



Personalized Medicine

- **Raw data converted to drug genome interaction fact for computerized decision support in electronic health record (EHR)**
 - **Provider accesses EHR; alerted to results**
 - **Provider receives decision support regarding dosing or alternative medications**
 - **Provider optimizes patient management utilizing information provided by genotyping**
- 

Personalized Medicine

- **Consent process**
 - **Adult Admitting & ED Registration**
 - **“CONSENT FOR ROUTINE TESTS, MEDICAL TREATMENT, AND GENETIC TESTS TO GUIDE DRUG THERAPY...”**
- **Provider discusses genotyping studies**
 - **Blood drawn**
- **Sample arrives in laboratory**
 - **DNA extracted (day 1)**
 - **Assay performed (day 2)**
 - **Results reviewed and released (day 3)**

Potential Benefits of Personalized Medicine

```
graph TD; A[Potential Benefits of Personalized Medicine] --- B[Improve drug's efficacy]; A --- C[Decrease drug's adverse events]; A --- D["Savings: time, money, illness"]
```

**Improve drug's
efficacy**

**Decrease drug's
adverse events**

**Savings: time,
money, illness**



Personalized Medicine

Genetic variation inter-individual differences in drug response phenotype at every pharmacologic step

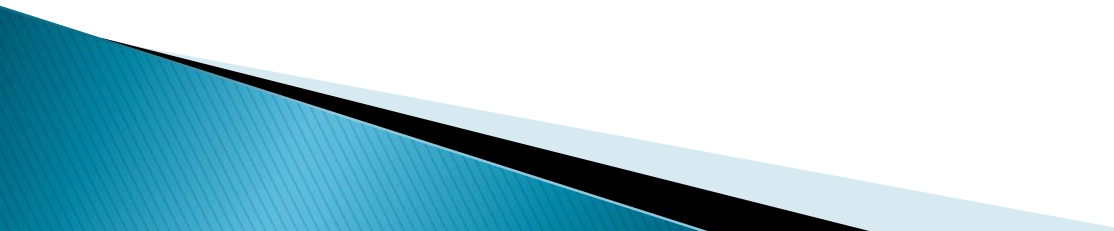
Through individualized treatments, pharmacogenetics and pharmacogenomics are expected to lead to:

- **Better, safer drugs the first time**
- **More accurate methods of determining appropriate drug dosages**

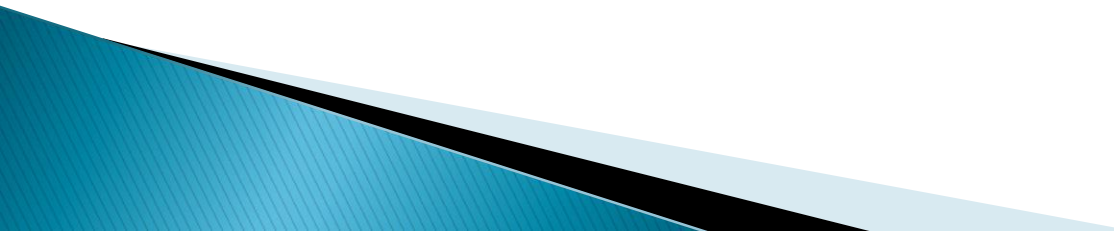
Pharmacogenomics offers unprecedented opportunities to understand the genetic architecture of drug response



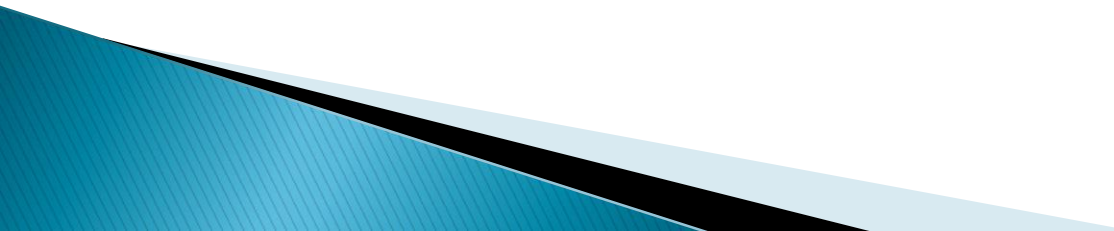
Potential Benefits of Personalized Medicine

- **Shift the emphasis in medicine from reaction to prevention**
 - **Predict susceptibility to disease, improve disease detection, preempt disease progression**
 - **Customize disease-prevention strategies**
 - **Prescribe more effective drugs and avoid prescribing drugs with predictable side effects**
- 

Potential Benefits of Personalized Medicine

- **Increase patient adherence to treatment by targeting the right patient with the right drug**
 - **Improve quality of life**
 - **Reduce the time, cost, and failure rate of pharmaceutical clinical trials**
 - **Revive drugs that failed in clinical trials or were withdrawn from the market**
 - **Control health care cost by avoiding unnecessary costs where drug is proven ineffective.**
- 

The Societal Impact of Personalized Medicine

- ▶ **Potential legal and ethical questions that we must answer as a society**
 - **Who should have access to a person's genetic profile?**
 - **How will we protect genetic privacy and prevent genetic discrimination in the workplace and in our health care?**
 - **How will we as consumers use genetic information to our benefit?**
- 

Pharmacogenomic Biomarkers in Drug Labeling

- ▶ **Drug labeling may contain information on genomic biomarkers and can describe:**
 - **Drug exposure and clinical response variability**
 - **Risk for adverse events**
 - **Genotype-specific dosing**
 - **Mechanisms of drug action**
 - **Polymorphic drug target and disposition genes**

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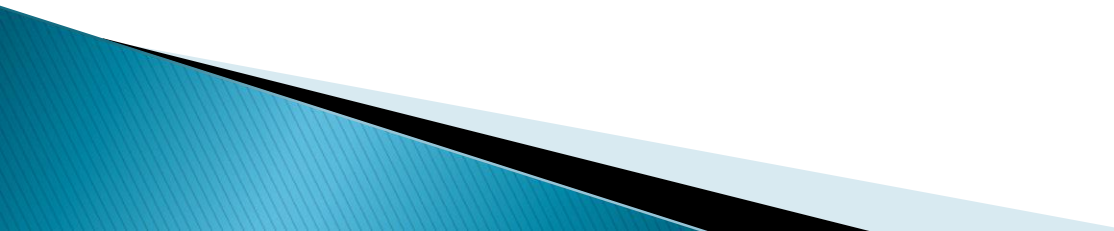
Trastuzumab (Herceptin)

- ▶ **Human Epidermal Growth Factor 2 (HER-2) positive tumors comprise 20-25% of all breast cancers and are associated with worse clinical outcomes ¹**
- ▶ **Trastuzumab is a humanized monoclonal antibody designed to target the HER2 receptor domain²**
- ▶ **Today, HER2 testing is a routine part of clinical diagnosis for breast cancer patients**
- ▶ **Likewise, due to specific biomarker data, trastuzumab is a foundation therapy for many patients with HER-2 positive breast cancer²**

Warfarin (Coumadin)

- ▶ **Warfarin has a narrow therapeutic window and a wide range of inter-individual variability in response, requiring careful clinical dose adjustment for each patient.**
- ▶ **In 2007, FDA approved label changes to Warfarin noting precautions for patients with variations in two genes, CYP2C9 and Vitamin K Epoxide Reductase Complex-1 (VKORC1) which may require a lower initial dose.**
- ▶ **Testing for these variants can assist in dosing**
- ▶ **Individualized dosing can possibly increase effectiveness of therapy while decreasing the risk of adverse events**

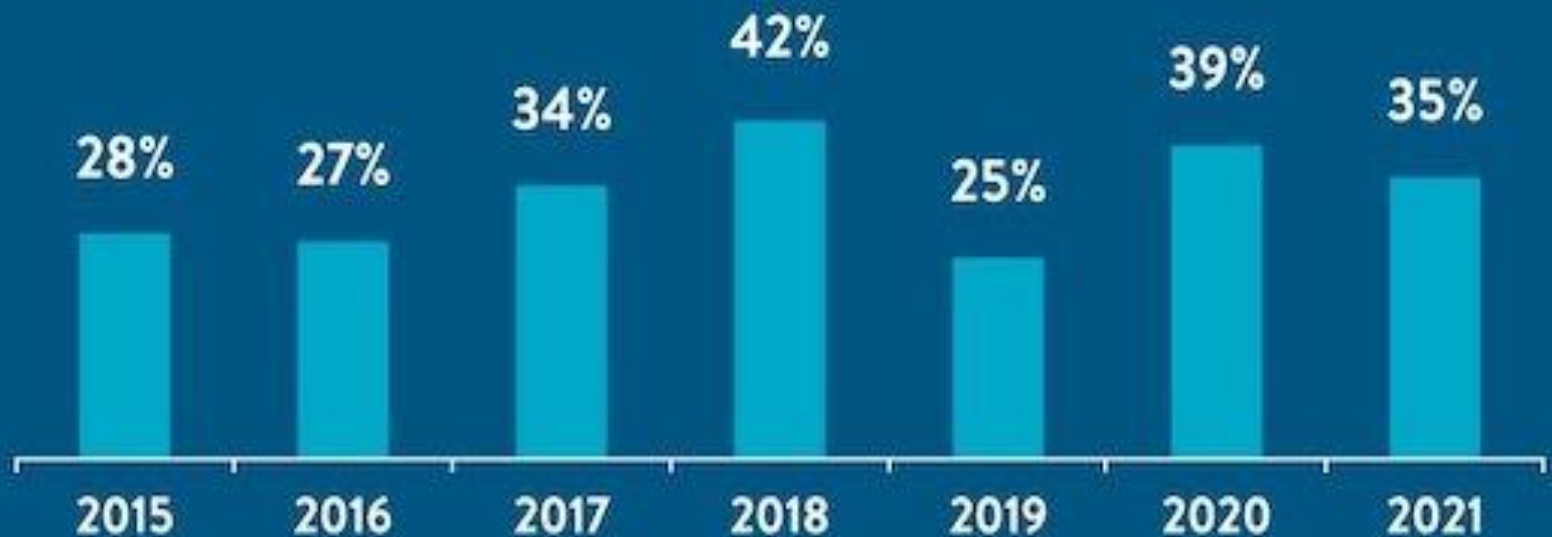
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- 

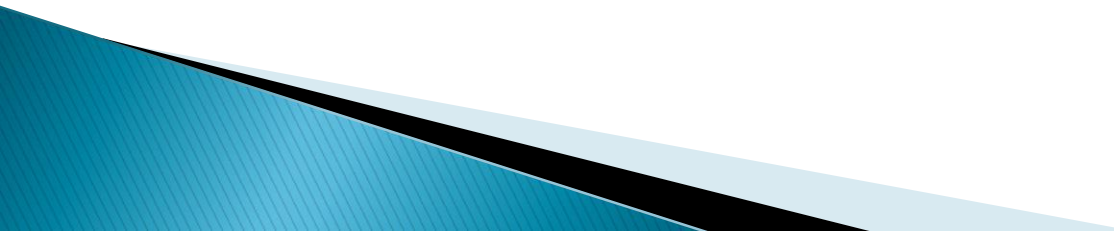
New Approved Drugs%



Personalized Medicines Accounted for More Than 25% of FDA Approvals for Each of the Last Seven Years



Limitations of Personalized Medicine

- ▶ **Reimbursement pathway of testing not established**
 - ▶ **Ethical issues with genetic testing and data sharing**
 - ▶ **Integration of pharmacogenomics, personalized medicine, and the payer and regulatory environment is still ongoing**
 - ▶ **Clinician are generally not educated concerning available tests, associate drugs, and outcomes**
 - ▶ **The response to a medication may be a result of the interactions of multiple genes**
- 

Resources for More Information

- ▶ Personalized Medicine Coalition.
<http://www.personalizedmedicinecoalition.org/>
- ▶ National Human Genome Research Institute.
<http://www.genome.gov/>
- ▶ U.S. Food and Drug Administration.
<http://www.fda.gov/ScienceResearch/SpecialTopics/PersonalizedMedicine/ucm20041021.htm>
- ▶ NIH: Pharmacogenomics Knowledge Base
<http://www.pharmgkb.org/>
- ▶ FDA Table of approved valid genomic biomarkers
<http://www.fda.gov/drugs/scienceresearch/researchareas/pharmacogenetics/ucm083378.htm>
- ▶ AMCP Format for Formulary Submission Version 3.1 (Companion Diagnostics Addendum, pages 21–26) <http://amcp.org/practice-resources/amcp-format-formulary-submissions.pdf>